## Professional Resources

Books

For Directors and up

* + [Leading Change](http://www.amazon.com/Leading-Change-New-Preface-Author/dp/1422186431/ref=sr_1_1?s=books&ie=UTF8&qid=1458069795&sr=1-1&keywords=leading+change), John Kotter; *discover the eight-stage process that applies to all changes, written in an easy to read and grasp style*

* + [Illuminate: Ignite Change through Speeches, Stories, Ceremonies, and Symbols](http://www.amazon.com/Illuminate-Through-Speeches-Stories-Ceremonies/dp/1101980168/ref=sr_1_1?s=books&ie=UTF8&qid=1458069515&sr=1-1&keywords=illuminate+duarte), Nancy Duarte & Patti Sanchez; *5 steps with details on why, and case studies showing how; seems dense but includes a lot of margin space for notes.*

For Team Leads, Supervisors, Managers and up

* + [Our Iceberg is Melting: Changing and Succeeding Under Any Conditions](http://www.amazon.com/Our-Iceberg-Melting-Succeeding-Conditions/dp/031236198X), Holger Rathgeber & Peter Mueller; *simple illustrated fable, a light read with good lessons and tips*

* + [Five Appreciation Languages at Work](http://www.amazon.com/The-Languages-Appreciation-Workplace-Organizations/dp/080246176X), Gary Chapman & Paul White;  *how to communicate appreciation effectively, increase job satisfaction and decrease burnout*

For Individuals and up

* + [The Art of Happiness](http://www.amazon.com/Art-Happiness-10th-Anniversary-Handbook-ebook/dp/B002UK6NO0/ref=sr_1_5?s=books&ie=UTF8&qid=1458069668&sr=1-5&keywords=art+of+happiness), Dalai Lama; *learn how to develop perspective, compassion, tolerance, and kindness*

* + [Real Happiness at Work](http://www.amazon.com/Real-Happiness-Work-Meditations-Accomplishment/dp/0761168990/ref=sr_1_1?s=books&ie=UTF8&qid=1458069634&sr=1-1&keywords=real+happiness+at+work), Sharon Salzberg; *practical, guided meditations and devotions that lead to inner peace, regardless of surroundings*

* + [Who Moved My Cheese?](http://www.amazon.com/Who-Moved-My-Cheese-Amazing/dp/0399144463/ref=sr_1_1?s=books&ie=UTF8&qid=1458069764&sr=1-1&keywords=who+moved+my+cheese) Spencer Johnson; *a quick read, learn how to successfully deal with change*

* + [RESET: How to Get Paid and Love What You Do](http://www.amazon.com/Reset-How-Paid-Love-What/dp/1502392119/), Dustin Peterson; *series of quick and easy exercises lead you to discovering your passions and strengths*

Web Resources

* [Leadership Now](http://leadershipnow.com) - leadershipnow.com; weekday readings for leading from where you are
* [Change Leadership](http://changeleadersnetwork.com/free-resources) - changeleadersnetwork.com/free-resources; free web resources for change leaders and consultants
* [Real Happiness at Work](http://www.sharonsalzberg.com/real-happiness-at-work/) - www.sharonsalzberg.com/real-happiness-at-work; companion to book
* [The Art of Happiness](http://www.gurus.org/dougdeb/Courses/Happy/Art/fulltext.html) - www.gurus.org/dougdeb/Courses/Happy/Art/fulltext.html; notes on book, main themes, chapter outline
* [Managing with the Brain in Mind](http://www.strategy-business.com/article/09306) by David Rock (2009); Neuroscience research is revealing the social nature of the high-performance workplace.
* [5 Big Discoveries about Leadership in 2012](http://www.huffingtonpost.com/david-rock/5-big-discoveries-about-l_b_2373087.html), by David Rock, article in the Huffington Post; Top findings to help you improve the quality of your leadership.
* [5 Dangers of Working for a Bad Boss](http://money.usnews.com/money/blogs/outside-voices-careers/2014/04/09/5-dangers-in-working-for-a-bad-boss) , by Alison Green (2014), article in US News and World Report; Get out while you can!
* [6 Kinds of Bad Bosses and How to Handle Them](http://www.marketwatch.com/story/how-to-handle-a-bad-boss-2015-03-19) (2015), article in Marketwatch; From the buddy to the micro-manager, if your boss is driving you crazy, here’s how to stay sane.

**Float, Flail, or Sink in the Tides of a Reorg**

EDUCAUSE Connect Miami, April 6, 2016

http://www.educause.edu/events/educause-connect-miami/2016/float-flail-or-sink-tides-reorg

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